



RF-MICRONEEDLING CONSENT FORM

- ____ 1. I have received handouts on RF-microneedling information and care instructions.
- ____ 2. I understand RF-microneedling is an elective procedure that is not medically required.
- ____ 3. RF-microneedling has been shown to improve acne scarring, scarring, wrinkles, skin laxity, and firm and brighten skin.
- ____ 4. I acknowledge that: no guarantees can be made to me regarding the outcome of this treatment; several treatments are usually required to achieve desired results; and effects are not guaranteed to be permanent.
- ____ 5. I am advised that though good results are expected, there can be unanticipated complications. These risks have been explained:
- | EXPECTED TEMPORARY SIDE EFFECTS | RARE SIDE EFFECTS |
|--|--------------------------|
| * Local pain during procedure. | * Infection |
| * Redness for 2-7 days | * Scarring |
| * Light to moderate swelling 2-7 days | |
| * Light bleeding during treatment and crusting 2-7 days | |
| * Dryness, roughness, itching for 1-2 weeks. | |
| * Temporary inflammation & hyperpigmentation*. (Treatment settings are available for melasma.) | |
- ____ 6. **I understand smoking may cause poor outcomes with this treatment. I understand over exposure to water and sunlight during the healing period may cause poor outcomes.**
- ____ 7. It is my responsibility to follow-up with a medical professional for persistent side effects or if rare adverse side effects develop.
- ____ 8. Treatment area may take up to 2 weeks to completely to heal, and I do not have important social events during this time.
- ____ 9. Pre-procedure instructions have been provided. Discontinuing autoimmune therapies and Retin-A is required 24 hours before treatment. (Accutane must be completed 6 months before micro-needling.) Certain skin types, require one-two weeks of hydroquinone prior to treatment. Unprotected sun exposure and tanning should be avoided 2 weeks before treatment.
- ____ 10. Post-care instructions have been provided. I understand: touching my face and using unclean products before skin is healed can introduce infection; unprotected sun exposure can cause sunburn and worsen hyper- and hypo-pigmentation; exfoliants (retinol products and scrubs) should not be used for at least 3 days.
- ____ 11. I have disclosed my complete medical history to the best of my knowledge. I do not have pregnancy, lactation, pacemaker or other medical implant, sensitivity to heat, allergy to metal, thread lifting, active eczema or psoriasis, skin infections, other conditions; actinic keratosis; diabetes; warts. I absolutely do not have: scleroderma; collagen vascular disease; cardiac abnormalities; blood clotting problems; or immunosuppression.

- ____ 12. **I am advised that RF-microneedling can shorten the duration Botox if RF is done within 4 weeks of Botox.**
- ____ 13. **I am advised that RF-microneedling can shorten the duration of fillers if RF is done within 8 weeks of fillers.**

THIS CONSENT FORM IS VALID UNTIL ALL OR PART IS REVOKED BY ME IN WRITING.

Patient/Guardian if under 18 years old

Date

Witness

Date



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Witness
